

# gastropost

FOOD MISSIONS FOR FOOD LOVERS



## MISSION COMPLETED: CHOCOLATE vs. VANILLA

Last week, we asked Gastroposters to use their sweet tooth for an unforgettable sugary showdown. From donuts to dipped strawberries, Vancouver went cuckoo for cocoa while vanilla had to settle for second place this Valentine's Day. [Twitter handles are in blue](#) and [Instagram in brown](#).

### WINNER: TEAM CHOCOLATE



### TEAM VANILLA



**Hanson Do**  
[@hansondee](#)

A chewy mountain of softbatch cream cheese chocolate chip cookies. Your move, vanilla.



**Mayette Ostonal**  
[@mizmayette](#)  
Triple chocolate cheesecake



**Tamu & Zia Stolbie**  
[@stolbiesisters](#)  
Homemade vanilla bean ice cubes



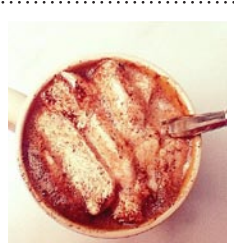
**Dalana Flemming**  
[@cakeandgiraffe](#)  
Vanilla bean cake with Smarties



**Jo Vanderwolf**  
[@joandsue](#)  
Peach crisp topped with vanilla ice cream



**Anna Sou-Wu**  
[@aserena314](#)  
Cinnamon pancakes with vanilla icing



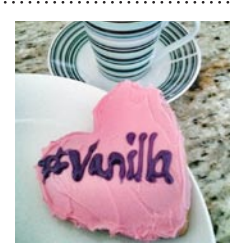
**Jilly Woodside**  
[@jillywoodside](#)  
Hot chocolate and marshmallows. Yum!



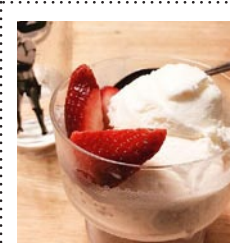
**May Baldonado**  
[@maymayb68](#)  
Apple crisp vanilla ice cream caramel drizzle



**Elizabeth Lao**  
[@esltroy](#)  
Strawberry and vanilla cake



**Michelle Valancius**  
[@yougoventi](#)  
Vanilla sugar cookie



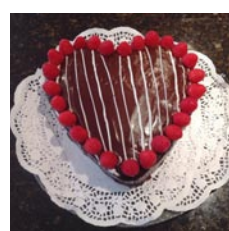
**Kirstie Feng**  
[@ninjafeng](#)  
Vanilla ice cream



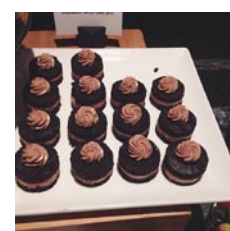
**Yuko Kuriyama**  
[@tabbycatlover](#)  
Nutella on top of chocolate muffin



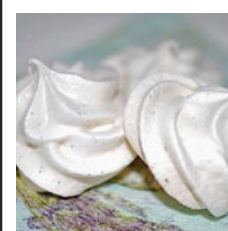
**Rosalind Chu**  
[@goblanknow](#)  
Chocolate cookies



**Judy Youngman**  
First-time Gastroposter  
I made this cake for my husband for Valentine's



**Caia Fisher-Hulse**  
[@caiafood](#)  
Chocolate layer cake bites

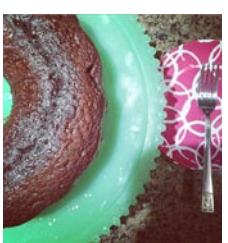


**Maria Conde**  
[@lifepactices](#)  
Vanilla bean meringues



**Madeleine Quon**  
Frequent Gastroposter

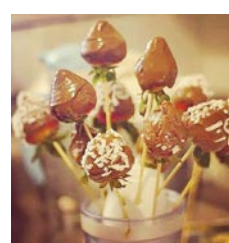
Vanilla sugar cookies for these love birds.



**Leslie Navarro**  
[@chicmommynista](#)  
Chocolate bundt cake



**Melinda Subido**  
[@melbido](#)  
Chocolate. Almost always



**May Chau**  
[@may\\_chau](#)  
Chocolate dipped strawberries



**Chantal Koyanagi**  
[@chantalkk](#)  
Kit Kat ice cream cake was a success



**Christa Keating**  
First-time Gastroposter  
Creamy vanilla ice cream



# YOUR FOOD COULD BE IN THE PAPER, TOO

## MORE TEAM CHOCOLATE



**Natasha Carson**  
@ig.natasha

Opt for the rich dark chocolate fudge over its vanilla counterparts, especially these made fresh daily at the Capilano Suspension Bridge Trading Post gift shop.

## JOIN US!

- ✓ Get your food pics & ideas published in The Province
- ✓ Be the first to find out about new missions

## YOUR NEXT MISSION: HAPPY CHINESE NEW YEAR

Last year, Vancouver Gastroposters got on their horse to celebrate Chinese New Year. With the Year of the Goat nearly upon us, we'd be remiss not to **make your mission a revisiting of the rich Chinese cuisine** and culture available in the lower mainland. Whether you're seeking out authentic flavours or sticking with sweet and sour, **show us how you're celebrating the new year Chinese-style.** Kung hei fat choy!



Photo of pineapple tarts by Gastroposter **Fiona Yu**

## GASTROPOST IT

Whatever you eat in order to complete the mission, **the important part is sharing it with the Gastropost community.** There are several ways to do that:



Follow us on Instagram and tag a photo with #gastropost



Post a photo through Twitter and tag it with #gastropost



Post directly to our website

Visit [gastropost.com](http://gastropost.com) to see what your fellow Gastroposters have been eating.

## gastropost.com

DON'T HESITATE TO GET IN TOUCH WITH US. WE'D LOVE TO HEAR FROM YOU.

Email us at [vancouver@gastropost.com](mailto:vancouver@gastropost.com)  
Or contact us through Twitter at @GastropostVAN  
Follow us on Instagram at @GastropostVAN



**Ali Elman**  
@ali\_sweetcassonade  
Chocolate lava cake for all



**Sophie Turner**  
@feastinginstyle  
Coconut chocolate chunk and dark chocolate



**Alisha Duncan**  
@leashae  
I'd take a chocolate cupcake any day



**Samantha Gutmanis**  
@mykitchenlove  
Chocolate brownie cookies



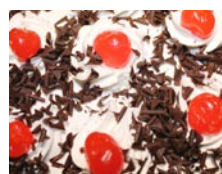
**Alice Yuan**  
@alice8826  
Limited edition Kit Kat



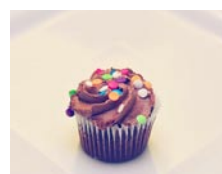
**Angela Chu**  
@thechewylife  
This chocolate cake will put you in heaven



**Ruveen Stogryn**  
@ruveenstogryn  
Sweet treats from Beta5 Chocolates



**Angie Bayer**  
Frequent Gastroposter  
Mmm mmm good black forest cake



**GayLani Lumanog**  
@gaylani  
Chocolate cupcake



**Kyna Nebrida**  
@kynabulous  
Chocolate soufflé in teacups



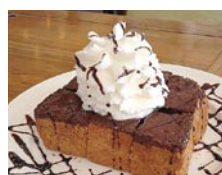
**Robert Draves**  
@draves.robert  
Death by chocolate?



**Maggie Lo**  
@\_maggielo  
Grafte con nutella



**Sylvia Kim**  
@hyeeah  
Nutella brownies



**Sylvia Cai**  
@sylvia\_1112  
Toast with chocolate



**Terri Brandmueller**  
@tbrandmueller  
Chocolate cake with raspberry cream